



# November 2014 Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Homemade Beef Stew Cornbread Fresh Fruit	4 English Muffin Pizzas Roasted Broccoli Bapples (Baked apples)	5 Roasted Lemon & Rosemary Chicken Potatoes & Beans Fresh Fruit	6 Beef Burritos w/beans Mexican rice Arroz Con Leche	7 Grilled Cheese Sandwiches Tomato Soup Cookies
10 Beef Stroganoff w/Noodles Honey-glazed carrots Fresh Fruit	11 Taco Bar – Tortillas, pork carnitas, salsa, cilantro, olives, sour cream,cheese Fresh Fruit	12 Chicken Parmigiana Spaghetti Marinara Roasted Broccoli Fresh Fruit	13 Roast Pork Tenderloin Mashed Potatoes Sauteed Spinach Apple Crisp	14 All-Beef Hotdogs Chili & Cheese Sauce Roasted Potatoes Cookies
17 Skillet Breakfast – Eggs, sauasge, potatoes & cheese Fresh Fruit	18 Mac & Cheese Roasted veggies Fresh Fruit	19 Shephards Pie (Beef, carrots, corn & peas) w/gravy Mashed Potatoes Strawberry Yogurt Parfait	20 Nachos w/beef & beans Marinated veggie salad Fresh Fruit	21 Spaghetti w/Meatballs Garlic Bread Roasted Corn Bapples (bakes apples)
24 Thanksgiving School Feast! Roasted turkey, gravey, mashed potatoes, stuffing, green beans, & pear crisp	25 No Lunch	26 No Lunch	27 No Lunc	28 No Lunch

Menu is subject to change.